



# Seabrook Primary School

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Principal: Susan Lee

## Seabrook Squad Swimming Training 2018

Dear Parents and Students,

The District Swimming sports are coming up on the **6<sup>th</sup> of March in 2018** and to give as many students as possible the opportunity to participate and represent Seabrook, a training group will commence at the **Laverton Pool (Jennings St. Laverton)**.

**The training will start on Monday the 5th February from 7.00-8.00 a.m. at Laverton Pool.**

We have been very successful at the swimming sports over many years, mainly due to the hard work of our squad group leading up to the day. So we invite all students from **grade 3 to 6 (who are 9-12+ or turning 9 years old by the 31<sup>st</sup> of December 2018, which means you can be 8 when swimming is on)** to come along and have a swim, work on your fitness, technique and have some fun. Last year was a great success with more than 30+ children coming most mornings. I hope to see many of those children returning this year as well as some new students trying out and having fun.

Training will then be on the following days at Laverton Pool with Mrs. Joyce (qualified swimming coach), Ms. Easson (has been a swimming coach and ex-state swimmer), Mr. Trott and Mr. Ganley (P.E Teachers) will also be in attendance:

**Thursday Feb 8th, Monday Feb 12<sup>h</sup> & Thursday Feb 15<sup>th</sup>.** This will be our final training session at Laverton.

During the week of **February 19<sup>th</sup>- 23<sup>rd</sup>** we will have our final training and trials at **Werribee Outdoor Pool (Watton St. Werribee), which is where the District Carnival will held on Tuesday 6<sup>th</sup> March (9.30am-2pm approx).**

**\*We will let parents know about the arrangements for Werribee during our sessions at Laverton.**

Parents will need to drop off their children at the pool and then pick them up afterwards or make appropriate arrangements with other parents. If anyone has problems with transport please come and see Mrs. Joyce, Mr. Ganley, Ms. Easson or Mr. Trott, or contact the school and we'll try and arrange something for you.

The cost each morning will be **\$3 for entry** to the pool (Laverton), which can be paid at the counter on arrival.

**The children will then have breakfast provided back at school in the Gym, which will also allow them to get to know each other socially. It doesn't matter if you can't make all the sessions, just come to the ones you can. It won't reduce your chances of making the final team when we have trials (especially if you are already training in the mornings or afternoon in a Squad or Club as a few kids will be).**

If any parents would like to assist in serving breakfast, please let me know at the pool on the first Monday. It would be greatly appreciated if we could have a couple help each morning.

Thanks

Blair Ganley  
(P.E Department)

Sue Joyce  
(Swim Coach)

Renee Easson  
(Swim Coach)

David Trott  
(P.E Department)

Return slips to Mrs. Joyce at the office before end of year, or at the pool the 1<sup>st</sup> session you attend

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### **Seabrook Swimming Training 2018- February 5<sup>th</sup>, 8<sup>th</sup>, 12<sup>th</sup> & 15<sup>th</sup>**

#### **Laverton Pool (Jennings St. Laverton) 7am-8am.**

I give permission for my child ..... to participate in the School Swimming Training at Laverton Pool and I authorise the teacher in charge to consent where it is impracticable to communicate with me to the child receiving any medical or surgical treatment as may be deemed necessary.

Signed: \_\_\_\_\_ (Parent/Guardian)

Contact Number in case of an emergency \_\_\_\_\_

Medication Required:

Asthma -  Epipen -  Other -  \_\_\_\_\_

